

TENTATIVE SCHEDULE OF EVENTS 2009

2009 Special Events

March 20	Ho Down
May 29	Melon Fest '09
June 5-7	Couples' Vegas Trip
June 20	Decades Costume Party
July 10	Pirate Pool Party
July 24-26	Couples' Trip Sonoita Wine Tour
Aug. 14	Back to School
Sept. 11	Proud to be an American: Heroes Tribute
Oct. 17	Festifall
Dec. 18	MCCS Christmas Event
Jan. 8-10, '10	Couples' Winter Trip

2009 Health Promotion

Jan. 12-16	Nutrition 101
Jan. 20	"Post Holiday Healthy Weight" Workshop
Jan. 20, 27	"Healthy Weight" Booth at Gym
Jan. 22	"Healthy Weight" Booth at Rec. Center
Jan. 29	"Healthy Weight" Booth at TBD
Feb. 10	Healthy Heart Workshop
Feb. 11	"Healthy Heart" Booth at Gym
Feb. 11	"Healthy Heart" Workshop
Feb. 12	"Healthy Heart" Booth at Rec. Center
Feb. 18	"Healthy Heart" Booth at TBD
March 2-5	Nutrition 101
March 11	MyPyramid Nutrit. Display at Chow Hall
March 18	Healthy Eating w/MyPyramid Workshop
Mar. 30-Apr. 3	Healthy Kids Expo
March 31	Nutrition Display at Gym
April 7	Stress and You Workshop
April 14	"Right Spirit" Display Fair
May 13	Health and Safety Fair
June 8-12	Nutrition 101
June 11	Sexual Health Workshop
June 16	Sexual Health Display at Rec. Center
July 15	Summer Safety Display at Gym
Aug. 11	Workplace Health and Safety Display
Aug. 17-21	Nutrition 101
Sept. 21	Diseases & Cond. of Mouth Disp. at Gym
Oct. 13	Stress Management 101
Oct. 20	Combat Operational Stress Disp. at Gym
Nov. 12	Health Fair
Dec. 8	Eating Right for the Holidays Workshop

2009 Great Escape Events

Jan. 13	Susana Nuno's "NO SWEAT" Class
Feb. 10	Love Potions Bartending Class
March 17	Healthy Cooking
April 10	Murder Mystery
May 9	Mommy and Me Tea
June 16	Military Haircutting Class
July 17	World Dessert Tasting
Aug. 25	Bingo Night
Sept. 16	Latin Dance
Oct. 3	Day of Pampering
Dec. 12	Holiday Entertaining
Jan. 21, '10	Susana Nuno's "NO SWEAT" Class

2009 SMP Trips & Events

Jan. 16-19	Big Bear Trip
Feb. 23-Mar. 1	Room Makeover Essay Contest
March 2	Vol. Op. Dr. Seuss Reading
March 3	Room Makeover Essay Winner Announce
March 6-8	Vegas Trip
March 27	Barracks Bash featuring Carvin Jones
April 18-19	Skydiving Simulator
April 22	Vol. Op. Highway Clean-up
May	Commissary Awareness Month
May 2-3	Red Bull Air Races
June 12	Texas Hold'Em Tournament
June 14	Vol. Op. w/ City for Flag Day
June 19	Fear Factor
June 27-28	Deep Sea Kayaking
July 18-19	Salt River Float
Aug. 28	Barracks Bash
Aug. 29-30	Soak City
Sept. 25-27	Grand Canyon, AZ
Oct. 11	WTI Party
Oct. 31-Nov. 1	Haunted Trip to Jerome
Nov. 11	Vol. Op. w/ Veterans
Nov. 20-22	Las Vegas, NV
Dec. 8	Reindeer Rally Volleyball Tournament
Dec. 19	Texas Hold 'Em Poker Tournament
Jan. 15-18, '10	Big Bear Trip



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2009 Gym Sports Events

Jan. 1	Basketball Season Starts
Jan. 6-9	Regional Soccer Tournament
Jan. 19	Softball Preseason Tournament
Jan. 29	Dart Tournament
Jan. 29	Soccer Preseason Tournament
Feb. 9	Volleyball Preseason Begins
Feb. 10	Soccer Season Begins
Feb. 18	Volleyball Season Begins
March 24	Golf Season Begins
April 6	Dodge Ball Tournament
April 21	Wrestling Tournament # 2
May 7	Billiards Tournament
May 18	Softball Season (2 nd Half) Begins
June 4	Table Tennis Tournament
June 8	3 on 3 Basketball Tournament
June 26	4 on 4 Volleyball Tournament
July 17	Bench Press Tournament
Aug. 6	Swim Meet
Aug. 11	Flag Football Season Begins
Aug. 25	Bowling Begins
Oct. 9	Wrestling Tournament # 1
Nov. 17	Basketball Season Begins
Dec. 1	Racquetball Tournament Starts
Jan. 19, 2010	Softball Season (1 st Half) Begins
Jan. 29, 2010	Dart Tournament
Jan. 29, 2010	Soccer Season Begins

2009 Youth Sports Events

Jan. 10	Youth Soccer Season Begins
Feb. 3-March 6	T-Ball/Coach Pitch Registration
March 21	T-Ball/Coach Pitch Season Begins
Mar. 30-Apr. 1	Introduction to Soccer Clinic
June 15-July 10	Basketball Registration
July 13-17	Little Ooh Rah Rah! Cheerleading Clinic
July 20-24	Little Ooh Rah Rah! Cheerleading Clinic
July 20-24	CHALLENGER British Soccer Camp
Aug. 2	Basketball Season Begins
Sept. 14-Oct. 2	Flag Football Registration
Oct. 17	Flag Football Season Begins
Nov.	Soccer Camp Registration
Nov.	Soccer Camp

2009 SMP Recreation Center

Jan. 5	COD Tournament
Jan. 15	Ping Pong Tournament
Jan. 19	Pool Tournament
Feb. 1	Super Bowl Party
Feb. 9	Poker Tournament
Feb. 19, 23	XBox Tournament
Feb. 26	Ping Pong Tournament
March 2	Guitar Hero Tournament
March 10	Halo 3 Tournament
March 12	Wii Tournament
March 19	Texas Hold'em Tournament
March 23	COD Tournament
March 24	Non-Athlete Triathlon
May 5	Cinco De Mayo Party
May 22	Obstacle Course Challenge
June 16	Dodge Ball Tournament
Oct. 23	Chili Cook-off
Oct. 31	Haunted House/Scary Movie Night
Dec. 8	Reindeer Rally Volleyball Tournament

2009 Arizona Adventures Trips & Events

Feb. 7	Fishing Trip
Feb. 21	2 nd Annual Devil Dog Paintball Trmt
April 4-5	Castle Dome Trip
May 16	Canoe Trip
July-Aug.	Slide Rock Trip
Sept.	Grand Canyon Trip
Oct. 23	Devil Dog Costume Brawl
Nov. 27	Paintball Tournament
Nov. 1-Dec. 4	Soccer Registration
Jan. 9, 2010	Soccer Season Begins

2009 Fun Runs

Feb. 11	Sweetheart Run 5K
April 24	Pass on Gas 5K
June 26	Fire Hose 5K
Sept. 18	Sergeant Major 10K
Oct. 30	Monster Dash 5K
Dec. 4	Jingle Jog 5K

