

# RULES & POLICIES

The sports Athletic Branch of the Recreation Division of the Marine Corps Community Service, MCAS Yuma, provides a diversified program of sports activities designed to meet the athletic recreational interests and needs of military and dependent personnel. The stations' athletic program consists of a variety of recreational sports and comprehensive intramural instructional / activities program. The program involves team sports, individual sports and both indoor and outdoor activities, all of which are designed to promote fitness while enriching the participants social and recreational lives.

The Semper Fit Department, MCAS Yuma wishes to encourage all active duty personnel to take advantage of the diverse sports program available to them, in addition to many other recreational programs offered. **Robert Pou - Athletic Director 269-2280**

**Commanders Cup:** The Commanding Officer of the MCAS Yuma, AZ., will provide two perpetual trophies to be known as the "CO's Cup" trophies. One trophy is presented to the command with over 250 people (National League) which has gained the most points through competition in the intramural program during each year's sports schedule time limit period. The other trophy is presented to the command with 250 people or less (American League). Each trophy is inscribed with the winning command and remains in their display for the following year.

**WHO IS ELIGIBLE?:** 1.) Only active duty military personnel attached to MCAS Yuma tenant activities are eligible to participate in the intramural sports program. For individual / dual sports, each participant must compete for the unit to which he/she is attached. For team sports, all players must be attached to the unit for which they are playing unless their unit does not have an entry. Any player wishing to play on the team of another unit under these circumstances must receive a written waiver from his/her commanding officer, Executive Officer or OIC to participate for the specified team. This waiver must be submitted, in writing, to the Athletic Director for approval to participate. This waiver may be picked up from the Athletic Director. No more than 25% of a team's participation may consist of players from other units (except in cases where C.O.'s Cup Points are waived as approved by the Athletic Director).

2.) TAD Personnel assigned for less than 90 days must have written release from their parent command to participate with their TAD command.

**TEAM ROSTER:** 1.) In order to be eligible, all players must be on an official roster in the Athletic Director's office by due date. Roster is submitted as entry forms. Players may be added to the roster **but must have played in at least one game, to be eligible for the playoffs.** (Captains must personally add players to roster NO PHONE CALLS).

2.) Players may not change teams after competition has begun. Except if the player is from a team that has dropped out of the competition and had majority captain approval from all teams. The Athletic Director will not investigate the eligibility of participants listed on a roster unless a protest has been submitted in writing within 24 hours of discovery. Or in the case of a tournament, prior to the next game.

The National and American commands will participate together in the same leagues and tournaments. The top point finisher in the National and American Division will receive the Commanders Cup.

## **MAJOR SPORTS SCORING FOR CO'S CUP:**

1st - 120pts., 2nd - 100pts., 3rd - 80pts., 4th - 20pts., Participation 10pts.

**STRUCTURE OF PLAY:** The major team sports; softball, basketball, flag football, golf, soccer, volleyball, and swimming will be instructed as follows:

- 1.) A preseason tournament will be scheduled the weekend prior to the beginning of league play.
- 2.) The league will be a single or double round robin depending on the number of commands participating.
- 3.) The league finishers will be seeded according to final standing in a double elimination tournament. To determine CO's Cup pts. & station champion.

Entry forms explaining the type of competition, rules and awards for all events can be obtained in the Fitness Center Bldg. 545.

**Events for CO's Cup points are for ACTIVE DUTY MILITARY**

**TIME AND PLACE:** Time and place of competition will vary depending on the event. Time and place will be specified on intramural schedule and entry forms.

**FORFEITS:** If a team or individual fails to appear, or is not ready to play with specified number of players within ten minutes after the scheduled time to play, the contest is forfeited to the team or individual who is ready to play. A command or individual forfeiting two times during the scheduled period of play will be dropped from intramural competition in that sport, and their command will have 5 points per person or individual and 10 points for team events deducted from their C.O.'s Cup points. Officials' fees will also be taken from the command's recreation unit allocation after second forfeit.

**CONDUCT:** If a player or coach is ejected from the game, they must leave the area (out of sight and hearing). Any player or coach who is ejected for any reason will automatically be suspended for the remainder of the season. A flagrant ejection may result in the suspension from Intramural Sports for the first incident.

**POSTPONEMENTS: 1.)** Inclement weather. All contests are considered "on" until officially postponed. Contact the Athletic Office 30 minutes before scheduled play for word of cancellation.

2.) Command commitments- Contests may be postponed for military obligations which must be verified in writing from the C.O., X.O., or OIC only or a forfeit will be declared. Postponements will be authorized for total command and not individual players commitments.