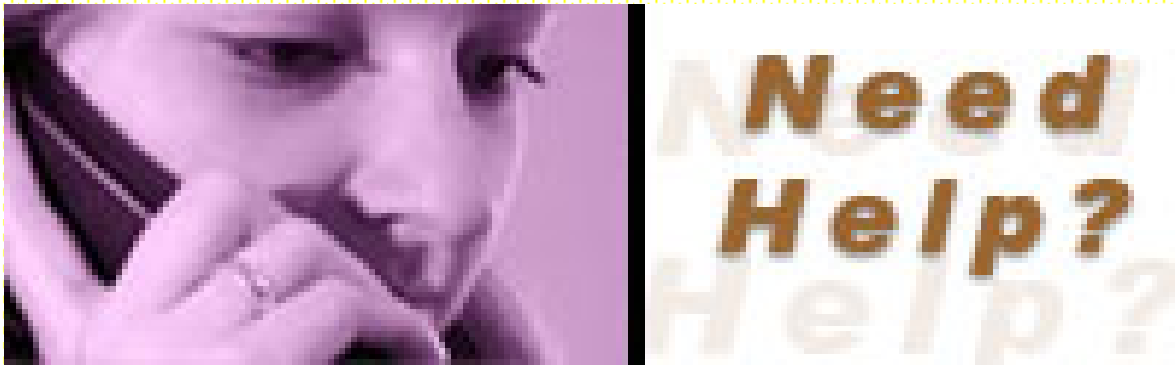


FAMILY MEMBER RESOURCE GUIDE



This guide contains information on programs which address special needs and disabilities. Some services have income eligibility requirements, some do not.

The guide is intended to assist in obtaining needed support services and resources.

There are many community services not included in this guide. For further assistance contact the Marine and Family Services Exceptional Family Member Program number listed below. They will provide you with additional information on the various programs available for support and also refer you to other community organizations that may be of benefit to military individuals and families.

 **EXCEPTIONAL FAMILY MEMBER PROGRAM**
Bldg. 645 (located on the Third Floor)
(928) 269-5233



**Need
Help?
Help?**

TABLE OF CONTENTS

ALPHABETICAL LISTING OF DISABILITY SUPPORT SERVICE PROVIDERS

Arizona Center for Disability Law (AZCDL).....2

Arizona Early Intervention Services (AZEIP).....4

AWC Services for Students with Disabilities (SSD).....6

DES/Division of Developmental Disabilities (DDD).....8

DES/Vocational Rehabilitation Program.....10

Fisher House.....14

Saguaro Foundation.....16

S.M.I.L.E. (Services Maximizing Independent Living And Empowerment).....17

Social Security Disability Programs.....19

WACOG Head Start Program.....23

WIC (Supplemental Nutrition Program for Women, Infants and children).....25

Yuma Center for the Visually Impaired.....27

Yuma Community Food Bank.....28

Yuma Regional Medical Center/Children’s Rehabilitative Services.....31

Yuma School District One Exceptional Student Services.....33

HOW TO USE THE GUIDE



PROGRAM DESCRIPTION:

Beside this symbol, you will find general information about a specific program.



ELIGIBILITY INFORMATION:

Beside this symbol, you will find a description of who may qualify for the program.



HOW TO APPLY:

Beside this symbol, you will find information about what you need to do to apply for a program.



DOCUMENTS TO BRING:

Beside this symbol, you will find information about what documents you will need in order to apply for a program.



WHERE TO CONTACT:

Beside this symbol, you will find telephone numbers and addresses of the program offices.

****Information Subject to Change Without Notice****



AZ CENTER FOR DISABILITY LAW

The Arizona Center for Disability Law is a not for profit public interest law firm, dedicated to protecting the rights of individuals with a wide range of physical, mental, psychiatric, sensory and cognitive disabilities.

The Center provides free legal services as well as training, under several major incentives:

- Protection and Advocacy for Individuals with Mental Illness
- Protection and Advocacy for Individuals with Developmental Disabilities
- Client Assistance Program
- Assistive Technology Program
- Housing and Urban Development/Fair Housing Initiatives Program
- Protection and Advocacy of Individual Rights

Special Advocacy

Enforcing the right to a free public education for children with developmental disabilities.

SELF-HELP GUIDES

UNDERSTANDING YOUR CHILD'S EDUCATIONAL RIGHTS: Serving [students with special needs under the Individuals with Disabilities Education Act \(IDEA\) and Section 504 of the Rehabilitation of 1973](#)
[This updated version incorporates the final federal IDEA regulations published on August 14, 2006].

ASSISTIVE TECHNOLOGY GUIDES

A Self-Advocacy Guide: Assistive Technology

A Consumer's Guide to the Assistive Technology Device Warranty

Your Vocational Rehabilitation Rights: Assistive Technology and Services

WHERE TO CONTACT:



AZ Center for Disability Law
3839 N. Third Street, Suite 209
Phoenix, AZ 85012
Phone: (602) 274-6287
TTY: (800) 927-2260
Fax: (602) 274-6779
www.acdl.com



ARIZONA EARLY INTERVENTION PROGRAM FOR INFANTS AND TODDLERS (AzEIP)

The Arizona Early Intervention Program, also known as AzEIP (pronounced Ay-zip), is a statewide system of supports and services for families of children, birth to three years of age, with disabilities or developmental delays.



ELIGIBILITY INFORMATION:

Any child from birth to 36 months who is developmentally delayed or who has an [established condition](#), which has a high probability of resulting in a [developmental delay](#), as defined by the State.

How do I know if my child needs early intervention?

Possible conditions could be the following:

- Plays and interacts with others
- Learns
- Communicates
- Moves
- Sees
- Hears



HOW TO APPLY:

Parents or other family members, doctors, nurses, childcare workers, social workers, or anyone who has contact with the child may make a referral. Of course, the child's parents will always be contacted for permission, before any action is taken.

Who will contact the family?

When your child is referred to AzEIP, your family is contacted by a local program representative and given information about early intervention services and [eligibility](#). If your family is interested in AzEIP, arrangements are made to meet at a time and place convenient for your family, in order to begin the [Initial](#) Planning Process (IPP). The IPP process includes [assessment](#), eligibility determination, and, for eligible children, the development of an [Individualized Family Service Plan \(IFSP\)](#).

During visits with the family, information about your child's development, health, and medical history is gathered, and the family's concerns, interests, and priorities are explored. Information may be gathered by reviewing existing records, observation, and/or formal evaluation measures needed.

Your family may stay enrolled in AzEIP until your child turns three years of age or your child no longer needs early intervention services. As your child nears two and a half years of age, your Service Coordinator will help you determine the next steps for your child. These steps may include a preschool program for children.

WHERE TO CONTACT:



Arizona Early Intervention Program
1020 S 4th Avenue, Suite A
Yuma, AZ 85364
Phone: (928) 783-4003
Fax: (928) 783-4941
Email: edieprovazek@cfraz.org



AWC SERVICES FOR STUDENTS WITH DISABILITIES (SSD)

The Services for Students with Disabilities Office provides reasonable academic accommodations for college students with documented disabilities, so they can receive a quality education which prepares them for their future careers.

The SSD staff work with students in partnership with faculty and community members to achieve a better understanding of the disability, while focusing on *ABILITIES*.



HOW TO APPLY:

Bring appropriate documentation from a specialist with regards to your specific disability, 8 - 10 weeks before the first day of class.

The documentation should contain the following information:

Description of your disability

Who tested you and found that you had a disability?

What tests did the specialist do?

What are the results of those tests?

How does your disability affect your learning? *Example: cannot read because words spin on the page*

What academic accommodation(s) are recommended? *Example: use books on tape*

Why should this/these accommodation(s) be used in college? *Example: The student will hear the textbook and be able to comprehend the information.*

Once documentation is obtained:

Register with the SSD Coordinator to determine accommodation eligibility. Appointments can be scheduled by contacting (928) 344-7629 (V) (928) 317-6007 (TDD).

The SSD Coordinator will review the documentation presented to determine which accommodation(s) will be provided.

Once the SSD Office has made the decision, you will be notified by letter of which accommodation(s) you are eligible to receive.

Distance Learning for Students with Disabilities:

If you are taking distance learning classes, contact the SSD Coordinator regarding any questions about the disability support services that AWC provides for students taking online classes.

WHERE TO CONTACT:



Arizona Western College/SSD Office
2020 South Avenue 8 E
Yuma, AZ 85366
Phone: (928) 344-7629
TTY: (928) 317-6007
Fax: (928) 344-7710
Email: laura.sandigo@azwestern.edu



DES/DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

The Arizona Department of Economic Security/ Division of Developmental Disabilities (DDD) provides needed support services to those individuals who may have a chronic disability, which is attributable to mental retardation, cerebral palsy, epilepsy or autism that was manifested before the age of 18.



ELIGIBILITY INFORMATION:

- Resident of the State of Arizona
- Is at risk of having a developmental disability (up to age six) or for people over the age of six years, has a diagnosis of:
Epilepsy, Cerebral Palsy, Cognitive Disability or Autism
- The disability occurred prior to the age of 18 and has substantial functional limitations in three of the seven major life areas.

**Children under the age of 6 may be eligible for service if there is a strongly demonstrated potential that the child has, or will have a developmental disability.*



HOW TO APPLY:

Application for services may be made at a [DDD office](#). Contact the office to schedule an intake interview.



DOCUMENTS TO BRING:

- Proof of age (i.e., birth certificate)
- Proof of residency
- Medical records
- Evaluations such as developmental, physical, occupational, speech and/or psychological
- School records or a social-service's agency records applicable to determination of eligibility and/or identification of needs
- Court documents relating to guardianship, if appropriate, and proof of insurance
- Copy of social security card

Upon making an appointment, a case manager or intake worker will meet with you to review eligibility requirements and necessary documentation, discuss your needs and possible services, and help you complete the necessary paperwork.

WHERE TO CONTACT:



DES/Division of Developmental Disabilities
1220 W. 4th Avenue
Yuma, AZ 85364
Phone: (928)782-7523
Fax: (928) 343-0232
www.de.state.az.us/ddd



DES/VOCATIONAL REHABILITATION PROGRAM

The Vocational Rehabilitation (VR) Program helps people with disabilities become or remain economically independent through work. The VR Program is administered by the Rehabilitation Services Administration (RSA).



ELIGIBILITY INFORMATION:

Seek assistance by contacting the VR agency if:

- Your disability makes it difficult to secure and/or maintain employment
- Available services can help you obtain and keep a job

The VR program can provide the help you need. The program assists individuals with all types of disabilities. VR counselors are also available to work with you. Some VR counselors are specially trained in specific areas such as: blindness/visual impairment, deafness/hearing impairment, mental illness, and developmental disability.

Testing, orientation to the world of work, or other activities will be available to help you decide whether you can work (because of disability, economic, or family issues) and what kind of work would be best for you. RSA may pay for, or provide, services to help or keep a job, including:

- assistive aids or services that you may need because of your disability
- modifications necessary for work
- help in finding a job

When re-training or education is the only or best way you will be able to go to work or keep a job, RSA may be able to help you with:

- tuition payments
- other training related costs

WHAT IF I CAN WORK BUT WILL ALWAYS NEED HELP TO KEEP A JOB?

RSA does not have funds to pay for specially supervised work environments, job coaching, or personal care assistance on an ongoing basis, to maintain your job after completing a VR program.

The VR counselor will assist you with obtaining this type of support, through other resources such as:

- Social Security Work Incentives to help pay for work expenses
- The services of employers, friends or family members
- The assistance from other agencies or programs to provide or pay for these supports

Vocational Rehabilitation Programs:

Vocational Rehabilitation (VR)

Independent Living Rehabilitation Services (ILRS)

Employment Support Services (ESS)

[Arizona Industries for the Blind \(AIB\)](#)

[Business Enterprise Program \(BEP\)](#)

SPECIALIZED PROGRAMS AND SERVICES:

[Services for Students Transitioning from School to Work](#)

<http://www.azdes.gov/rsa/deaf.asp> Services for Individuals who are Deaf, Hard of Hearing, or Deafblind

[Services for Individuals with Serious Mental Illness \(SMI\)](#) <http://www.azdes.gov/rsa/smi.asp>

[Services for Individuals with Traumatic Brain Injuries](#)

[Services for Youth at Risk](#)

[Rehabilitation Technology](#)



HOW TO APPLY:

Individuals need to have a referral before applying for VR services.

THERE ARE SEVERAL WAYS YOU CAN GET STARTED:

Direct Contact with Local RSA Offices:

Call or visit the local office to set up an appointment to attend regularly scheduled orientation sessions. If you are not able to come to the local office or have scheduling conflicts, an individual appointment can be requested.

1. Referral By An Agency Representative From A Program That Has An Existing Relationship with The Vocational Rehabilitation Program:

This refers to students with disabilities still in High School, individuals who receive mental health services through Regional Behavioral Health Agencies (RHBAs), individuals who receive services from the Division Developmental Disabilities (DDD),

or

others who are involved in programs that have coordination and referral relationships with the Arizona Rehabilitation Services Administration VR Program.

2. Complete A Self-Referral:

Download a referral form from the website, and mail it to the local VR office.

Once a referral is received, an RSA representative will contact the applicant to set up an appointment.

WHERE TO CONTACT:



DES/Vocational Rehabilitation Services
1310 S. 3RD Avenue.
Yuma, AZ 85364
Phone: (928) 329-9462
Fax: (928) 329-9530
www.de.state.az.us



THE FISHER HOUSE™ PROGRAM

A Fisher House™ is *"a home away from home"* for families of patients receiving medical care at major military and VA medical centers. The homes are normally located within walking distance of the treatment facility or have transportation available. There are 37 Fisher Houses, with four more in construction or design.

Typically, the houses are 5,000+ to 16,000 square foot homes donated by the Fisher family and Fisher House™ Foundation. Each house is designed to provide eight to 21 suites. All are professionally furnished and decorated in the tone and style of the local region. The houses can accommodate 16 to 42 family members. They feature a common kitchen, laundry facilities, spacious dining room and an inviting living room with library, and toys for children. A Fisher House™ is a temporary residence and is not a treatment facility, hospice or counseling center.



ELIGIBILITY/COST:

Criteria established locally by hospital or installation commanders. All room fees for guest families at all Army, Navy, and Air Force Fisher Houses are paid by Fisher House Foundation. There are no room fees at Fisher Houses operated by the Department of Veterans Affairs.

What are the requirements to stay at a Fisher House?

- Patient must be inpatient at the time of family's check-in
- Family must be traveling a distance of at least 40 miles one way
- Patient's condition must be serious in nature. No diagnostic testing or, general procedure
- Families will be staying for a minimum of three nights
- Families are expected to check out when patient is discharged to Med-Hold

The commander or director of each medical center where the houses are located are responsible for establishing the eligibility, priorities, and selection criteria.

RESERVING A ROOM

To reserve a room contact the specific Fisher House directly, listed on the "locations" section of the web site at www.fisherhouse.org, or contact (301) 294-8560 or toll-free (888) 294-8560 for more information.

A referral can be completed and submitted to the Fisher House in advance of a family's arrival. Advance referrals do not constitute a reservation as the Fisher House operates on a day-by-day basis due to the medical nature of the lodging. Families are advised to make alternate plans.

WHERE TO CONTACT:



San Diego Fisher House
Manager: Belle Esposito
34800 Bob Wilson Drive., Bldg 46
San Diego, CA 92134
Phone: (619) 532-9055/ (619) 532-8751
Fax: (619) 532-5216
www.

**Eligibility to reside at San Diego Fisher house is based on having a family member who is an inpatient at Naval Medical Center San Diego.*



SAGUARO FOUNDATION

Saguaro Foundation/Group Homes provides all aspects of care for developmentally disabled adults.

- Work preparation skills,
- Activities of daily living,
- Therapeutic program plans,
- Community integration and peer involvement.
- Meals, medical care, transportation, room and board provided.
- Respite care for families with a developmentally disabled child or adult. (*A trained staff member can come into the home to offer respite care*).

The Day-by-Day program runs Monday through Friday from 8:30 a.m. to 3:30 p.m. The Saguaro Foundation, in collaboration with The EXCEL Group, handles outpatient habilitation services if children are in school. A staff member can accompany a student at school. The Saguaro Foundation also runs Saguaro Transportation Services for the disabled and elderly.



INTAKE/ELIGIBILITY:

All intakes are conducted and finalized by Arizona Department of Economic Security/Division of Developmental Disabilities designated Coordinators. Children must be eligible through (AzEIP) and the Arizona DES/Division of Developmental Disabilities.

WHERE TO CONTACT:



Saguaro Foundation
1495 S. Fourth Avenue
Yuma, AZ 85364
Phone: (928) 783-6069
[www. saguarofoundation.org](http://www.saguarofoundation.org)



SERVICES MAXIMIZING INDEPENDENT LIVING AND EMPOWERMENT (S.M.I.L.E.)

Yuma based non-profit organization, serving disabled citizens, offering such services as: support groups, home modifications, job development, work incentives, equipment loans, peer mentoring, and advocacy, among other services. Capacity building supports mission critical functions that result in improved independence, health and safety for persons with disabilities. Programs help people with significant disabilities maximize their ability to live independently.

PROGRAMS:

Living Well with a Disability

An eight week class which focuses on reducing health problems and complications, improving access to healthcare services while minimizing costly procedures, and increase social relationships and satisfaction with life. Contact Laura Duval, Assistive Technology Specialist, to register.

Independent Living Skills Training: Promoting consumer's strengths while addressing their needs, the *S.M.I.L.E.* staff teaches consumers basic skills such as cooking/meal planning, household management and more. Contact John Aaker, IL Specialist, to schedule an interview.

Benefits Planning, Assistance, and Outreach

Benefits advisement, planning and management support to SSI/SSDI beneficiaries and recipients with disabilities who want to work, but worry about losing their medical benefits and the safety of their Social Security checks. Example: Ticket to Work, if you have questions we have the answers. Contact Kathryn Robins, Executive Director, to schedule an appointment.

Peer Support Groups

The program facilitates several small, information peer support groups. Within these groups, participants discuss coping skills and mutual concerns or issues. First Group is Lost Peepers: People who are Visually Impaired or Blind. Second Group is Ears to You: People who are Hard of Hearing or Deaf. Third Group is Social Group: People with different Disabilities. Contact Laura Duval, Assistive Technology Specialist, to schedule an interview.



ELIGIBILITY INFORMATION:

Any individual adjusting to life and seeking help for themselves, a friend or a loved one regarding a significant disability, should contact S.M.I.L.E. for assistance.

WHERE TO CONTACT:



S.M.I.L.E.
1929 S. AZ Avenue, Suite 12
Yuma, AZ 85364
Phone: (928) 329-6681
Fax: (928) 329-6715
www.smile@1929@adelphia.net



SOCIAL SECURITY DISABILITY INSURANCE

Social Security is a federal program providing benefits to eligible workers and their families when they and/or a family member retires, becomes severely disabled or upon death.

DISABILITY INSURANCE

If you become disabled, you should file for disability benefits as soon as possible. Once you apply, your application will be sent to the Disability Determination Services (DDS) office in your state to determine whether or not you are disabled.

DDS will gather medical information from your doctors, hospitals and clinics where you were treated. If necessary, a free examination may be arranged for you.

There is a waiting period for receiving disability benefits. If a decision is made in favor of your case, you will begin receiving benefits six months after the decision date. It may take from 60 to 90 days to process your application.



HOW TO APPLY:

Individuals can apply at a local Social Security Administration office or by telephone. Depending on the particular benefit you are applying for, you will need certain documents to apply such as:

- Social Security Number,
- Birth Certificate,
- Marriage Certificate
- Most recent W-2 Form
- Tax return if you are self employed.

If you are applying for disability benefits, you will need names, addresses and phone numbers of your doctors and hospitals where you have been treated; and a list of where you have worked in the last 15 years; and the kind of work you did. If you do not have all the documents you need, do not delay applying. The staff will help you get the information you need.



Eligible individuals include:

- Disabled workers
- Unmarried persons disabled before age 22
- Spouses who care for a disabled child under age 16
- Disabled surviving spouse of a deceased insured worker if the widow(er) is age 50-59.



SUPPLEMENTAL SECURITY INCOME (SSI)

This program is administered by the Social Security Administration. SSI pays monthly checks to individuals that are blind, elderly or disabled (mental or physical condition), and who have limited income and few resources. Single Individuals who qualify can receive \$623 and Couples can receive \$934 per month. Blind or disabled persons who apply for SSI may get free services to help them work. These services may include counseling, job training and help in finding work.



ELIGIBILITY INFORMATION:

Persons applying for SSI must:

- Meet certain income guidelines
- Have limited resources (the things you own) and assets (countable items or property)
- Be 65 years of age or older, or
- Have a disability (physical or mental condition) that is expected to last for at least 12 months or a terminal illness such as AIDS,

or

- Be legally blind
- Applicants must also have limited assets



HOW TO APPLY:

Individuals must apply at a Social Security Administration Office. You can complete a large part of your application by visiting the website, or call the toll-free number listed below, to ask for an appointment with a Social Security representative.



DOCUMENTS TO BRING:

- Social Security number for applicant, spouse and dependents
- Proof of age
- Medical records or other documents about the applicant's disability or blindness: Names and addresses of doctors, hospitals and clinics that have provided treatment or care
- Information about income and resources
- Proof of citizenship or qualified non-citizen status

Documents to prove citizenship include:

- Birth certificate,
- Driver's license, or Social Security Card



APPLYING FOR SUPPLEMENTAL SECURITY BENEFITS FOR A CHILD

A child must be either blind or disabled and must have little or no income and resources.

A child may be eligible for SSI benefits based on disability from the date of birth; there is no minimum age requirement.

At any age, a person with a visual impairment may be eligible for SSI benefits based on blindness if the impairment meets the Social Security Administration definition of statutory blindness.



ELIGIBILITY INFORMATION:

WHAT IS THE CRITERIA FOR A "DISABLED" OR "BLIND" CHILD?

Social Security has a strict definition of disability for children: *A child from birth to age 18 may receive monthly payments based on disability or blindness if:*

- He or she has an impairment or combination of impairments, physical or mental condition(s) that very seriously limits his or her activities; **and**
- The condition(s) must have lasted, or be expected to last, at least 1 year or result in death. A state agency makes the disability decision.

Call the Social Security Administration for more information about specific programs.

WHERE TO CONTACT:



Social Security Office
1235 S. Redondo Ctr Drive
Yuma, AZ 85365
Phone: (800) 772-1213
TTY: (800) 325-0778
www.ssa.gov



WACOG HEAD START PROGRAM

Head Start is a federally funded child and family development program for low-income families and families whose children have disabilities or other special needs. Children served range in age from 3-5 years old, with priority given to 4 year olds who will enter kindergarten the following year.



ELIGIBILITY INFORMATION:

Children must be 3-4 years of age before September 1 of each school year. Families must meet certain income requirements.

(Note: Families of children with special needs may not be subject to income eligibility requirements).



HOW TO APPLY:

Contact the Head Start Office to apply or download an application from the website.



DOCUMENTS TO BRING:

- Birth Certificate
- Child's Immunization Record
- Verification of family income (LES, paycheck stub, Cash Assistance, or notarized letter confirming income).

WHERE TO CONTACT:



WACOG Head Start
224 S. Third Avenue, Suite J
Yuma, AZ 85364
Phone: (928) 782-1886
FAX: (928) 329-4248



**WIC
(SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS
AND CHILDREN)**

The WIC program is a preventative health program which builds healthy families through food and nutrition. Individuals who qualify for WIC receive information about healthy eating and breastfeeding support through group sessions or individual counseling.

WIC also provides a set of drafts (vouchers) which you cash at the grocery store for nutritious foods such as:

- Milk
- Cereal
- Juice
- Beans or Peanut butter



ELIGIBILITY INFORMATION:

WIC examines three areas before you qualify:

You must be in one of these groups: Pregnant, Postpartum, Breastfeeding infant up to one year, or Child up to the 5th birthday.

- You must show a physical need for the information and food which WIC provides. For example, if you have low iron, you are a pregnant teenager, or you are overweight.
- You are income eligible, which means your income falls below a certain level.



HOW TO APPLY:

You will need to schedule an appointment for an eligibility interview to determine if you qualify for the program. If found eligible, you will receive nutrition counseling and food vouchers, on the same day which you apply.



DOCUMENTS TO BRING:

- Proof of identity, residency, income. To prove your income eligibility, bring verification of your income or a program acceptance letter from The Temporary Assistance for Needy Families Program (TANF), Arizona Health Care Cost Containment System (AHCCCS) Insurance Program or the Food Stamp Program.
- If you have a medical condition, you will need to bring a note from your doctor stating that diagnosis.

WHERE TO CONTACT:



WIC PROGRAM

Address: 2200 West 28th Street

City: Yuma, AZ 85364

Phone: (928) 317-4500

Fax: (928) 317-4501

www.co.yuma.az.us/health/wic



YUMA CENTER FOR THE VISUALLY IMPAIRED

Provides services for visually impaired and multi-handicapped persons, desiring to carry out daily living activities independently. Such services include: socialization and recreation, community activities, in-home evaluations/home visitations, including kitchen safety, referral, resources, and adaptive appliances. Transportation provided, to and from activities, if needed.



HOW TO APPLY:

Contact Calvin Roberts, Executive Director to schedule an appointment for services.

WHERE TO CONTACT:



Yuma Center for the Visually Impaired
Address: 2770 S Avenue B
City: Yuma, AZ 85364
Phone: (928) 726-1310/783-7178
Fax: (928) 783-3261



YUMA COMMUNITY FOOD BANK (YCFB)

The **YCFB** provides a variety of food assistance programs to help feed families in an emergency situation. Programs can help individuals and families increase their food purchasing power while providing nutritious foods.

A food package may include a combination of meat, fruits, vegetables, specialty items and staple foods.

Food Banks are not charity or government projects, and they will not affect any benefits from other programs.

PROGRAMS AVAILABLE:

EMERGENCY FOOD BOX (EFB)

A program for families who have experienced an unexpected emergency. After meeting all eligibility requirements, the customer receives a food box based on their family size. Each box is designed to feed every family member 3 meals a day for 5 days. Families may use this program up to four times a year.



ELIGIBILITY INFORMATION:

- Valid identification
- Social Security Cards (for every person in the household)
- Proof of Residency (such as copy of a utility bill or rent receipt - nothing with a P.O. Box)
- Proof of Income (Information used for tracking purposes only) *Applicants are not subject to income eligibility in order to qualify for the EFB program.*



HOW TO APPLY:

Contact the Emergency Food Box Coordinator at (928) 343-1243 Ext. 24 or email info@yumafoodbank.org

YUMA HARVEST

The Harvest Club program was established to assist families with stretching their food dollars. The focus of the program is to increase self sufficiency, while making sure that families have access to nutritional meals.

Participants in the program may purchase a box of food for \$18.00 dollars.



ELIGIBILITY INFORMATION:

- No income eligibility requirements
- Accepts cash or food stamps for payment



HOW TO APPLY:

The only requirement is a customer application survey must be filled out.

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

Specialty food program that provides a monthly supplemental food box for women, children, and senior citizens. The following categories of eligible individuals cannot currently be receiving WIC benefits:



ELIGIBILITY INFORMATION:

- Pregnant Women
- Postpartum women up to one year
- Infants and children under the age of six years old
- Women who are breastfeeding



To apply for CSFP an appointment must be made with the CSFP coordinator. CSFP services are free of charge! If you qualify, there is no charge to be on the program. Applicants for this program must meet certain income requirements.

You may utilize the YCFB according to the following schedule:

Days of Operation: Monday – Saturday

Hours of Operation:

Monday, Wednesday, Friday	9 a.m. – 12 p.m.
Tuesday, Thursday	9 a.m. – 3 p.m.
Extended hours are Saturday	9 a.m. – 12 p.m.

WHERE TO CONTACT:



Yuma Community Food Bank
Address: 2404 E. 24th St. Ste. A
Yuma, AZ 85365
Phone: (928) 343-1243
Fax: (928) 782-7924
www.yumafoodbank.org



YUMA REGIONAL MEDICAL CENTER (YRMC)/CHILDREN'S REHABILITATIVE SERVICES

Children's Rehabilitative Services (CRS) – serves children from birth to 21 who have a condition for potential improvement (i.e. orthopedic, cleft palate, neurological, cardiac, ophthalmological, pulmonary, and gastro, metabolic, sickle cell, and cystic fibrosis disorders). Newborn Intensive Care Program: Must be identified as high risk in the newborn period. Arizona Early Intervention Program - for children from birth to 3 years, identified with delays in development.

CRS offers certain specialty clinics to the CRS members. CRS contracts with a variety of specialists some live in the Yuma area and other specialists come from Tucson and Phoenix. This may offer a significant benefit to some families facing frequent out of town travel to access necessary care and services.

SPECIALTY CLINICS

AUDIOLOGY CLINIC
CARDIOLOGY CLINIC
CLEFT LIP/PALATE CLINIC
ORTHOTICS CLINIC
ENDOCRINOLOGY CLINIC
ENT CLINIC
FEEDING CLINIC
GASTROENTEROLOGY CLINIC
GENETICS/METABOLIC CLINIC
NEUROLOGY CLINIC
NUTRITION CLINIC
OPHTHALMOLOGY CLINIC
ORTHOPEDIC CLINIC
PULMONARY CLINIC
OCCUPATIONAL, PHYSICAL & SPEECH THERAPIES
WHEELCHAIR CLINIC



ELIGIBILITY/INTAKE:

To be eligible for services, the child or youth must:

- Be an Arizona resident under 21 years of age,
- Have an identified physical disability, chronic illness, or medical condition that is potentially disabling.

Anyone, including doctors, nurses, patients, or friends may refer a child to Children's Rehabilitative Services.

A Pediatric History Form, CRS Referral Form and CRS Financial Application need to be completed to apply for services. These forms may be obtained by contacting the YRMC/CRS office. Medical documentation, if available, needs to be provided along with the application.

WHERE TO CONTACT:



Children's Rehabilitative Health Services/YRMC

Address: 2400 S Avenue A

Yuma, AZ 85364

Phone: (928) 336-7095

1-800-837-7309

Fax: (928) 336-7497

www.yumaregional.org



YUMA SCHOOL DISTRICT ONE/EXCEPTIONAL STUDENT SERVICES

The school district provides services for students ages 3 – 14, who have special needs.



ELIGIBILITY INFORMATION:

All students with disabilities categorically eligible under the Individuals with Disabilities Education Act regardless of severity may receive services. These include students with impairments in:

- Speech and Language
- Hearing
- Mental retardation
- Multiple Disabilities
- Emotional and Learning Disabilities
- Health and Vision
- Autism
- Orthopedic Impairments

The District offers supports in local schools and students are placed in their neighborhood schools if possible.

If placement in the neighborhood school does not meet the needs of the student, transportation is provided to the service school.

There are 50 special education teachers and aides, within the district school.

Exceptional Students Preschool

The preschool program for children with special needs serves ages 3, 4, and non-kindergarten 5 year olds who have impairments. Classes are held four days per week. Transportation is provided. The preschool team completes the qualifying screening. These preschools are located at Gwyneth Ham and Desert Mesa schools.

Preschool students may be found eligible for services if they have:

- Significant speech or language delays
- Moderate developmental delays
- Severe developmental delays

Information regarding specific programs may be obtained by contacting the school in your neighborhood or by contacting the Exceptional Student Services office. For information about the Preschool programs, please contact Gail at (928) 782-9241, or email gwarren@yumaed.org.

WHERE TO CONTACT:



Exceptional Student Services Office
Address: 281 W. 24th Street, Suite 126
City: Yuma, AZ 85364
Phone: (928) 502-7800
Fax: (928) 344-6930