



Exceptional Family Member Program Newsletter

August 2009

MCAS Yuma, AZ

Up-Coming Events

August 5th

EFMP- Connections: 6:30-8:00pm at Bldg 645, Rm.107

Have questions?? Want to learn more about EFMP?? Come join us every 1st Wednesday beginning August 5th! It's a great opportunity to meet new friends, establish a network, and learn about your community. For more information call 269-2949. We Want to Hear from YOU!!

August 13th

TriCare/ECHO: 6:30-8:00pm at the Base Community Center, Bldg. 1093.

Attend this briefing from TriCare representatives as they explain benefits & program options for persons with disabilities. RSVP by August 6th at 269-2949.

August 27th & 28th

Specialized Training of Military Parents (STOMP): 8:00am- 4:30pm at Bldg.1200 Gonzalez Rm.

STOMP works collaboratively with military families and professionals to promote success for their children. STOMP will provide military parents with individual assistance and information about parents' rights and responsibilities in achieving special education services for their children. Don't miss this opportunity RSVP by August 18th at 269-2949.

August 28th

Red Carpet Party: 5:30pm-8:00pm MLK Neighborhood Center (Fee: \$8 per person)

Live the life of a star for an evening as we celebrate Hollywood style. Dinner, dancing, awards and interview complete this glamorous night. Make sure you dress to impress!! For more info call Yuma Parks & Rec at 373-5243. ** All inclusive event**



August is National
Immunization
Awareness Month

August is recognized as National Immunization Awareness Month (NIAM). The goal of NIAM is to increase awareness about immunizations across the life span, from infants to the elderly.

August is the perfect time to remind family, friends, co-workers, and those in the community to catch up on their vaccinations. Parents are enrolling their children in school, students are entering college, and healthcare workers are preparing for the upcoming flu season.

Immunization is one of the most significant public health achievements of the 20th century. Vaccines have eradicated smallpox, eliminated wild poliovirus in the United States, and significantly reduced the number of cases of measles, diphtheria, rubella, pertussis and other diseases. But despite these efforts, people in the U.S. still die from these and other vaccine-preventable diseases.

Vaccines offer safe and effective protection from infectious diseases. By staying up-to-date on the recommended vaccines, individuals can protect themselves, their families and friends and their communities from serious, life-threatening infections.

Getting immunized is a lifelong, life-protecting community effort regardless of age, sex, race, ethnic background or country of origin. Recommended vaccinations begin soon after birth and continue throughout life. Being aware of the vaccines that are recommended for infants, children, adolescents, adults of all ages and seniors, and making sure that we receive these immunizations, are critical to protecting ourselves and our communities from disease.

Because children are particularly vulnerable to infection, most vaccines are given during the first five to six years of life. Other immunizations are recommended during adolescent or adult years and, for certain vaccines, booster immunization are recommended throughout life. Vaccines against certain diseases that may be encountered when traveling outside of the U.S. are recommended for travelers to specific regions of the world.

<http://www.cdc.gov/vaccines/events/niam/default.htm>

EFMP Survey

www.yuma.usmc-mccs.org/Webmodel/MFS/EFMP/efmp.html

In Your Community



Saddles of Joy, Inc. is a therapeutic riding program dedicated to introduce Children, or any person with the desire to the joy and value of one of God's most beautiful creations, "The Horse".

Therapeutic riding sessions are offered once a week from a half hour to hour for \$50 per month.

Saddles of Joy also offers \$1 horse rides every Saturday from 9am-Noon.

For more information please contact Barbara Tomlinson at (928)246-6175.

Saddles of Joy is located at 2749 W County 14th St Yuma, AZ 85365-9757

Program Spotlight

See what's available to you for check out from our EFMP Resource Library Books, videos, program manuals, and much more!



Check out this **ALL INCLUSIVE** event
Summer Splash Friday August 14th 6-9pm
Polar Dunk Tank, 2 Large Pools, Super Soaker
Shout-out course, Petting Zoo, **GIVEAWAYS**
Hotdogs, Sno-Cones, Popcorn, Water
Purchase your \$4.00 Tickets at Arizona
Adventures, Youth Center, CDC, Family Team
Building. For more information on how your
child can participate safely call 269-2949

Did You Know

The **Youth Sports Center** offers various seasonal programs, clinics, and tournaments for **ALL** children of Active Duty Marines ages 3-12 (if enough interest is shown, children up to 16 may be eligible to play).

Flag Football Registration Begins August 10- Sept 25th
Registration Fee is \$45 per child and \$30.00 for each additional child residing in the same household.

Lil' Shin Kickers Soccer Camp (Ages 3-5) Registration begins in September—Call Jill for Details

For more information and to learn how your child can have fun participating safely please call Jill at 269-2280

Youth Sports Office is located at Building 645 Rm. 109

Customer Comment Cards Online Interactive Customer Evaluation

We are very interested in what you think about the quality of our support. Please visit <http://ice.disa.mil/> & give us your feedback.



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